



UNIVERSITY OF  
BRIDGEPORT



**How to become a Chiropractor**

**| Doctor of Chiropractic, D.C.**

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## ■ Considering a Career as a Chiropractor?

### Here's what you'll need to know

#### So what do chiropractors do?

A chiropractor is a trained and licensed healthcare practitioner who provides holistic, patient-centered care to rehabilitate the body and ease pain — frequently using manual treatments and therapies. Their evidence-based methods address problems in the neuromusculoskeletal system, which includes nerves, bones, muscles, tendons, and ligaments. Although chiropractors are doctors who can diagnose and treat mechanical disorders, they do not prescribe medications or perform surgeries.

#### Make a positive difference in your community

Chiropractors reduce or eliminate their patients' pain by providing hands-on restorative care. Better still, chiropractic treatments are drug-free, so they are often able to treat pain symptoms in patients without the need for dangerous and costly medications or surgery, reducing prescription drug abuse in our communities.

#### Earn a secure career meeting public need and providing care

As the U.S. population ages, the need for chiropractic care increases. To address age-related aches, pain, and injuries, many Americans will need expert chiropractic care. According to the U.S. Bureau of Labor Statistics ([BLS](#)), the need for chiropractors is expected to increase by 10% by 2031.

#### Enjoy a high earning potential

According to the BLS, [the average median salary](#) for a chiropractor is \$75,000. However, this number can vary considerably by state. In Connecticut, the average median salary for a chiropractor is over [\\$173,000](#).

# ■ Beginning Your Career as a Chiropractor

Traditionally speaking, chiropractors receive a bachelor's degree in the Health Sciences or a related field, though this is not required. Some students enter the program with a bachelor's in an unrelated field, and in Connecticut, students can be enrolled with 90 college credits. Unlike those on a traditional path to medical school, most chiropractors forego a master's degree, as it is not required to practice. Instead, they attend four years of chiropractic school to earn their Doctor of Chiropractic (D.C.) degree before gaining their licensure to practice.

## Learn the legal requirements

To provide lawful patient care, chiropractors must be licensed. Specific licensing requirements vary by state, but all states require chiropractic candidates to earn their D.C. and pass all four sections of the [National Board of Chiropractic Examiners exam](#) (NBCE). A quality Chiropractic program will prepare students with the skills and knowledge to pass their state's exam.

To learn more about the licensing requirements in the state where you plan to practice, check with your state's Department of Public Health.

## The UB benefit

A D.C. is required in order to gain licensure as a chiropractor. University of Bridgeport offers an expedited route towards the healthcare career of your dreams! Here at UB, you can begin earning your D.C. after completing only 90 undergraduate credit hours – fast-tracking your education from your bachelor's to your doctorate to save you time and money.

## Become a Purple Knight and charge toward your Chiropractic career!

### Learn from an established and accredited Chiropractic program

University of Bridgeport's School of Chiropractic was the first university-based chiropractic program in the United States! UBSC is committed to upholding professional excellence and the highest standards of care. We are accredited by the Council on [Chiropractic Education \(CCE\)](#), an organization dedicated to assuring that chiropractic students receive a top-quality education. To earn licensure as a chiropractor, your D.C. must be from a CCE-accredited program.

## ■ Meet the Program Director



### Paul R. Sherman, D.C.

Dr. Sherman earned his BS in Nutrition from Park College before pursuing his Doctor of Chiropractic degree from Cleveland Chiropractic College in Kansas City, Missouri. He joined the UB family in 1998. Throughout his time at University of Bridgeport, he has served in many administrative roles including interim director, associate director of academic affairs, interim dean, associate dean of academic affairs, and coordinator of academic affairs.

Dr. Sherman is currently the director of University of Bridgeport's School of Chiropractic (UBSC). He is also an associate professor of clinical sciences and a postgraduate faculty member. He is a published author, as well as an instructor for the educational website, ChiroCredit.com.

Dr. Sherman is an active member of the American Chiropractic Association. He is licensed to practice in both Connecticut and New Jersey (where he provided patient-centered care for 16 years). Dr. Sherman also has postgraduate certifications in Scoliosis Determinator Procedures, Interesting and Challenging Chiropractic Case Studies, Musculoskeletal Applications of MRI, Hospital Protocol, and COVID-19 Contact Tracing.



# ■ Prepare for Your Future with Hands-On Training

## Advance your skills in UB's chiropractic clinic

University of Bridgeport's [Chiropractic Clinic](#) offers patient-centered care that teaches you how to understand and address the root causes of a patient's pain. The clinic is guided by four central principles:

- The body is an integrated unit
- The body has intrinsic self-regulating and healing mechanisms
- Structure and function are interrelated
- The neuromusculoskeletal system can affect the functioning of other body systems and in turn, be affected by these systems

The Chiropractic Clinic provides patients with spinal adjustments, soft tissue therapy, physiotherapeutic modalities, counseling, and more. Senior chiropractic students provide real, supervised patient care in the clinic.

## On and off-campus opportunities

Chiropractic students at all levels have access to a cadaver laboratory, where they can safely practice the hands-on techniques that they're learning in class.

Aside from learning on-campus in the Chiropractic Clinic, our students participate in rotations and externships at various off-campus teaching clinics. Each semester, select students participate in chiropractic rotations at two Veterans Administration Hospitals. Our students also enjoy opportunities to collaborate with other healthcare programs, as well as help UB's clinical faculty provide patient care at six different community health centers across the state, honing the skills needed to become an excellent care-provider while having a meaningful impact in the community.

## Customize your doctorate — earn a dual degree!

At UBSC, you have the option to earn a dual degree in Acupuncture or Human Nutrition.

- 1** If you're especially passionate about pain management and holistic care, you can apply for a dual degree in [Acupuncture \(MS\)](#). You become eligible for this opportunity after completing two semesters. Note that it will take 6-12 additional months of study to complete the clinical hours needed for your master's in Acupuncture.
- 2** If you're interested in learning more about how nutrition affects whole-body health, you can apply for a dual degree in [Nutrition \(MS\)](#) as a fourth-semester student. On this dual degree track, you can complete your DC and MS at the same time.

If you plan to earn a dual degree, be sure to check with your state licensing board to learn the legal requirements for providing acupuncture or nutritional care.

# Curriculum

At UBSC, our curriculum prepares students with the knowledge and training needed to provide high-quality chiropractic care. In addition to gaining eligibility to sit for the NBCE, our graduates develop the skills to:

- Assess and diagnose patients
- Coordinate with other care providers to promote patient wellbeing
- Develop patient-specific goals to use as the basis of a care plan
- Practice direct contact healthcare as a portal-of-entry provider for all patients
- Promote patient wellness by assessing potential health risks and providing relevant counseling

## The nation's first university-based chiropractic college

University of Bridgeport's School of Chiropractic (UBSC) is the only chiropractic college in the metro-NYC area and offers clinical rotations and externships both on and off-campus. Students have access to cutting-edge technology, including state-of-the-art labs for anatomy, human performance, and chiropractic technique.

## Comprehensive clinical training

Our School of Chiropractic curriculum ensures that you will participate in a broad variety of clinical experiences to develop the practical skills that will be invaluable as you begin your career. We offer rotations at a range of established private practices, as well as many leading health care facilities, including Veterans Affairs facilities and the largest network of federally qualified primary care centers in Connecticut. With a doctorate in Chiropractic, you will also have opportunities to interact with patients in our on-campus clinic.

Students have the opportunity to participate in short-term or longer-term observation rotations, where they can observe physicians specialized in orthopedics, radiology, neurology, and may include both MD and DC providers working in a clinical setting. These observational rotations include orthopedic practices, MRI clinical radiology training, and externships at private practitioners' clinics.

**For complete curriculum details, please visit [our website](#).**

# Admission Requirements

To begin earning credits toward your Doctor of Chiropractic degree, you will need to satisfy UB's prerequisites and submit all required application materials.

## Program prerequisites

To be eligible for our Doctor of Chiropractic program, you must satisfy the following prerequisites:

- Bachelor's degree, or a minimum of 90 undergraduate credits
- Minimum GPA of 3.0
- Minimum of 24 credits in the physical/ life sciences, with a C or better (half of which must contain labs)
- Recommended coursework in the following areas:
  - Biology/Anatomy and Physiology
  - General Chemistry
  - Organic Chemistry
  - Physics

## Required materials

The following materials must be submitted to the University's admissions department:

- [Application](#)
- Official transcripts from all schools attended
- A letter of recommendation from a healthcare practitioner
- A 250–500-word personal statement explaining why you are seeking this degree, why you would like to attend UB, and how you plan to use your degree to advance your career

## International applicants

To learn more about the process of applying to UB as an international student, visit our [International Admissions](#) page.

*Admission requirements and tuition information updated for the 2023-2024 academic year.*





## Tuition Information

Doctor of Chiropractic, D.C.	
Full-Time Tuition (14 credits)	<b>\$15,075</b>
Part-Time Tuition (per credit hour)	<b>\$1,000</b>
General Fee (9 credits or more)	<b>\$1,025</b>
General Fee (5-8 credits)	<b>\$620</b>
General Fee (0-4 credits)	<b>\$390</b>
Health Science Program Fee	<b>\$50</b>
Student Activity Fee	<b>\$110</b>
Technology Fee	<b>\$110</b>

*Admission requirements and tuition information updated for the 2023-2024 academic year.*

## Testimonials



Adebola Paul, D.C.

“At UB, I have developed and matured in many areas, not only as a student and man, but also as a practitioner. I am grateful for all the memories and experiences I have gathered over the years, and I look forward to applying everything I have learned in my career.”



Yojana Shahi, D.C.

“UB prepared me to be a competent Chiropractic physician, a combined result of their top-notch faculty members, state-of-the-art facilities, and practical clinical experiences. The knowledge I’ve gained, along with support, encouragement, and advice from the professors, has helped me grow academically and professionally. Truly, UB was an opportunity of a lifetime.”

# Student Resources and Support

At University of Bridgeport, we strive to help our students succeed. That's why we offer resources and support services to help you reach your personal and professional goals.!

<h2>Academic Resources</h2>	<h2>Academic Supports</h2>
<ul style="list-style-type: none"> <li>• <a href="#">Academic Advising Center (AAC)</a></li> <li>• <a href="#">Admissions</a></li> <li>• <a href="#">Financial Aid</a></li> <li>• <a href="#">Registrar's Office</a></li> </ul>	<ul style="list-style-type: none"> <li>• <a href="#">Career Preparation</a></li> <li>• <a href="#">The Heckman Center</a></li> <li>• <a href="#">Wahlstrom Library</a></li> </ul>
<h2>Personal Support Services</h2>	<h2>Student Experience</h2>
<ul style="list-style-type: none"> <li>• <a href="#">Counseling Services</a></li> <li>• <a href="#">Health Services</a></li> <li>• <a href="#">Knight's Pantry</a></li> <li>• <a href="#">Student Accessibility Services</a></li> </ul>	<ul style="list-style-type: none"> <li>• <a href="#">Clubs and Organizations</a></li> <li>• <a href="#">Events</a></li> <li>• <a href="#">Greek Life</a></li> <li>• <a href="#">Recreation</a></li> </ul>
<h2>Professional Development</h2>	
<ul style="list-style-type: none"> <li>• <a href="#">Career Development Services</a></li> </ul>	



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**Contact us today!**

**Call: 203-576-4552**

**Text: 203-275-0401**

**[bridgeport.edu/chiro](https://bridgeport.edu/chiro)**

The University of Bridgeport is accredited by the New England Commission of Higher Education. The University also is accredited by the Connecticut Office of Higher Education.

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